



## Student Health & Wellness Committee Second Meeting Minutes

**March 23, 2022**

**2:00 to 3:30 PM**

**Virtual (Microsoft Teams)**

*Attendees: Fabián Armendariz, David Paul, Patrick Green, Andrea Graham, Kari Rinker, Holly Yager, Diane Smith, Patty Stuever, Gordon Long and Jennifer Coats*

- I. Grounding Activity
- II. WPS Health Related Updates (*5 minutes each*)
  - a. Physical Education Instruction
    - i. Elementary – Diane Smith
    - ii. Secondary – Rebekah Winter
  - b. Health – Kimber Kasitz
  - c. Nutrition Services – David Paul
- III. KSDE Updates
  - a. 2021-22 School Wellness Information Updates
  - b. Updated Wellness Impact Tool Changes
- IV. 2021-22 Goal Review
  - a. Kansas food products that are served as part of the school meals program are identified at the beginning or on the serving line.
  - b. Educate and engage families on the whole child nutrition and physical and mental wellness.
  - c. Offer information to families at least once per semester that encourages them to teach their children about health and nutrition and assists them in planning nutritious meals for their families.
- V. Open Agenda
  - a. Member participation is and has been lower and we need to brainstorm ideas to increase participation.
- VI. Next Meeting, May 6<sup>th</sup>, 2022, 2:00 to 3:30 pm at Alvin E Morris Administrative Center (AMAC)
  - a. Stephanie Quick – Supervisor, Safe and Drug Free Schools
  - b. Stephanie Anderson and/or Holly Yager – Student Support Services
- VII. Closing